



Most Needed Food Items

Canned Meats / Protein

Tuna
Chicken
Luncheon Meats
Meat Spreads
Peanut Butter

Canned Vegetables

Green Beans
Corn
Leafy Greens
Peas
Mixed Vegetables
Potatoes

Canned Fruits

Peaches
Pears
Fruit Cocktail
Applesauce

Canned Stews & Soups

Chili
Beef Stew
Spaghetti O's
Ravioli
Chicken Noodle Soup
Vegetable Beef Soup

Grains, Boxed Pasta & Sauces

Boxed Cereals
Oatmeal
Macaroni and Cheese
Spaghetti and Spaghetti Sauce
Boxed Rice
Dried Beans